

# Dear Tourists: Beware of the Habu Jellyfish!!!!

Dear tourists, welcome to Ishigaki Island and thank you for visiting!

It is now the season for sea bathing and similar marine leisure activities in the Yaeyama region, but please also be careful because summer is also the season for Habu Jellyfish! We want you to have a memorable and fun time here, so please be take the following precautions.

## ➤ The Habu Jellyfish (*Habu Kurage*)

The bell of the Habu Jellyfish has a cubic shape. The maximum size of its bell could be 13cm, with its tentacles being as long as 150cm. They are difficult to see in water as they are semi-transparent.

These jellyfish are very common in Okinawa Prefecture, especially between June and September, during which they are frequently found to be swimming alone or in groups near the shore.

They usually swim slowly, but there are also times they swim at rapid speed.

## ➤ If You Get Stung by a Habu Jellyfish...

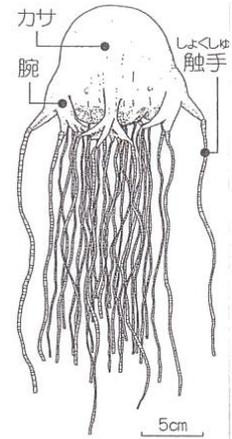
**Symptoms:** The tentacles of the Habu Jellyfish have nematocysts that are filled with toxins, which will cause great pain and welts if you get stung. A sting by the jellyfish could cause tissue necrosis and blistering. In serious cases, it could cause a shock, respiratory arrest or cardiac arrest.

## ➤ What to Do If You Get Stung

1. First, get out of the sea without moving too intensely, and seek help from nearby people.
2. Do NOT rub the area that got stung. Pour **vinegar** over the wound, remove the tentacle, and cool the wound with ice or cold water.
3. In the case of a cardiac arrest, perform Cardiopulmonary Resuscitation (CPR).
4. To find out about the locations installed with Automated External Defibrillators (AED), please see the back of this flyer or contact the Ishigaki City Fire Department.
5. After receiving first aid, please make sure to visit a hospital or medical institution to get proper treatment.

## ➤ How to Avoid Getting Stung

1. When you go sea bathing, please swim within the safety net zone.
2. Please avoid skin exposure by wearing a T-shirt.
3. Please contact the Yaeyama Health Center Life Environment Squad (0980-82-3243) if you discover Habu Jellyfish.



The Main Medical Institutions of Ishigaki

Yaeyama Hospital TEL 0980-83-2525  
732 Okawa, Ishigaki-shi

Ishigaki Tokushukai Hospital TEL 0980-88-0123  
446-1 Chama, Ishigaki-shi

☎Emergency Contact

Ishigaki Fire Department TEL 119  
Yaeyama Police Station TEL 0980-82-0110

Contact Us:

Health & Welfare Center TEL 0980-88-0088  
Ishigaki City Tourism & Exchange Division TEL 0980-82-1535

★Please be sure to bring vinegar with you when you go to the sea!